

DIS PYP Co-Curricular Activities - Semester 1

PYP Co-Curricular Clubs Semester 1 24/25 (9.9.2024 - 18.12.2025)	Grade Levels	Mon	Tue	Wed	Thu	Fri	Sat	Time	Room/Location	Supervisor		Semester	Description
Sports, Movement & Wellbeing													
Fee Personal Safety/ Martial Arts 160€ from September-December	Grade 1-5							15:30 - 16:15	Sports hall	Jason Daly	swegehaupt@dresden-is.de / daly.martialarts@gmail.com	1&2	Beginners to advanced students are welcome. Students will learn situational awareness while focusing on martial arts. There is a fee for this activity. Students will learn situational awareness while focusing on martial arts.
Fee JabStep Athletics Basketball Club 160€ per semester	Grade K5-2							15:30 - 16:15	Sports hall	Andrew Jones	andrewjonesdd@gmail.com / swegehaupt@dresden-is.de	1&2	To develop basketball skills and techniques of beginners. Local tournaments and friendlies are arranged for this sport
Fee JabStep Athletics Basketball Club 160€ per semester	Grade 3-5							15:30 - 16:15	Sports hall	Andrew Jones	andrewjonesdd@gmail.com / swegehaupt@dresden-is.de	1&2	To develop basketball skills and techniques of beginners in this group level. Local tournaments and friendlies are arranged for this sport
Fee Heidler Soccer Academy 37 € per month	K5 - 5							14:45 -15:45	Sports hall	Peter Heidler	info@heidlersocceracademy.de/ swegehaupt@dresden-is.de	1&2	Enthusiastic footballers on all levels will have the opportunity to development football techniques and skills in HSA through games and football stations all while having fun! There is a fee for this activity.
Fee DIS Golf	Grade 3+							13:00 - 15:00	Golfclub Herzogswalde in Wildsdruff	Katharina Schwanitz	dis-golf@gmx.de	1&2	Beginners to advanced players are welcome to the golf club. There is a fee for this activity. Grade 3-12.
Fee Ballet 35 € per month	K5 - Grade 3							15:00 -15:45	PA Room	Ms. Savchuk	inna_savchuk@web.de	1&2	Students will learn some fundamental ballet techniques while having fun!
Getting calm into the week with Kids Yoga & Stories (max 10 students) ONLY 9.9. - 28.10.24	Grade 1-3							15:30-16:15	EAL room B1.3	Kathrin Hartlepp	khartlepp@dresden-is.de	1	We will practice Kids Yoga and do /use meditation stories with music. Max of 10 kids allowed due to space limitations.
Football Club	Grade 1-2							15:25-16:30	outside	Mario Weigel, Tilo Schulze	swegehaupt@dresden-is.de	1	Girls and boys are welcome. Football club will take place outside, on top of the sportshall. Dress weather appropriately (incl. rain jacket, hat). Course language is mainly German, but English is also used if required.
Beginner Course: Fencing (max 8 students) Starting after the October Break!	Grade 4-5							14:45-15:45	atrium	Sabrina Liu	swegehaupt@dresden-is.de	1	Content of the beginner course: Students will learn Fencing etiquette, some fundamental movement and experience playing in a game with protective gears.
The CALM Club	Grade 2-5							15:30-16:15	B 1.5	Ms Rose	erose@dresden-is.de	1&2	Students and Teachers come together and explore different ways to find calmness and regulate emotions for the busy world. We will practice mindfulness, meditation, create art, dance, do yoga and celebrate being humans together! It is a time to really develop a sense of overall well-being.

Arts & Performance

Show Dance (max 15 students)	Grade 1-3							7:30-8:15	Secondary PA Room	Mandy Hennig, Andrea Bodinus	mhennig@dresden-is.de	1&2	Join us for an exciting opportunity to express yourself through dance and cheerleading! Our goal is to prepare and perform dances that can make a positive impact in our community. Here's what you can look forward to: Performances: We'll showcase our talent at various events, including school assemblies, elderly homes, public schools, and even at the Dresden Striezelmarkt. Cheerleading: We'll create spirited cheerleading routines to support our DIS Dragons at GISST events, school tournaments, and other school gatherings. Community Engagement: By participating, you'll help build and spread school spirit, making a difference in the lives of those around us. If you're excited about dancing and cheerleading, sign up to be part of our crew. Let's create something amazing together!
Show Dance (max 15 students)	Grade 4-6							7:30-8:15	Secondary PA Room	Mandy Hennig, Rene Fest	mhennig@dresden-is.de	1&2	
Fee PYP Choir (min 4 st dents) 70-98€ per semester (14 sessions) depending on the number of members	Grade 3-5							15:30-16:15	TBD	Katharina Türpe	katharina.tuerpe@web.de	1&2	If you enjoy singing then this is the club to join! Being part of a choir not only creates a strong sense of belonging and community it also allows students to develop discipline and ensemble skills. There will also be many opportunities to perform ranging from assemblies to whole school events.
Fee Creative Dance (max 15 students) 25€ per month Starting after the October Break!	Grade 1-3							15:45-16:30	Secondary PA Room	Billy Ross	swegehaupt@dresden-is.de	1	The students will be to introduced to different dance styles, including creative dance, musical theatre, Jazz dance, and expressive dance interpretations. We will also work on stretching and body movement skills.

Language & Culture

PYP Mandarin Club (max 15 students)	Grade 1-5							15:45 - 16:30	German Room B 2.5	Hannah Irvine	hirvine@dresden-is.de	1	This is a brilliant opportunity for students interested in Chinese language and culture. Activities include: 1. Chinese strokes and learning daily greetings; 2. Story-telling and singing songs; 3. Cultural exchange and sampling delicious food. Don't miss out - come join!
Spanish Club	Grade 3-5							15:30 - 16:15	German Room B 2.5	Jairo Antonio Vallecilla	jairoantoniop@gmail.com	1	¡Hola a todos! Spanish Club is a brilliant opportunity to learn basic Spanish phrases and to get to know some of the amazing customs & traditions of the Hispanic world. Students will learn how to introduce themselves with confidence and competence, count in Spanish, describe family members & friends and talk about food & hobbies. There will be plenty of games, songs and fun activities! You don't need to know any Spanish before joining. ¡Hasta pronto!

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Sports, Movement & Wellbeing												
Ukrainian Club	Grade 1-5						15:45 - 16:30	MYP library	Angela Boreham	aboreham@dresden-is.de	1&2	Український клуб це чудова можливість провести весело час після школи зі своїми друзями та пограти в цікаві ігри. Клуб буде проводитися на українській мові, що надасть можливість учням з України не забувати, а навпаки вчити рідну мову та розвивати навички комунікації з однолітками. Також хочу зазначити, що гурток проводиться тільки з дітьми, які вже знають та розмовляють українською мовою. В клубі будуть різні цікаві види занять, наприклад: ігри на розширення словарного запасу, малювання, створення виробів своїми руками (орігами та інші цікаві штучки своїми руками), перегляд мультиків разом з друзями та багато цікавого... Ще діти самі зможуть пропонувати ідеї, що саме вони хочуть робити в нашу наступну зустріч. Тому з нетерпінням чекаю на нашу зустріч в українському клубі, який буде відбуватися кожної п'ятниці в бібліотеці з 15:45 до 16:30.
Reading Club (max 10 students)	Grade 3-5						15:30-16:15	B 2.3	Nilo Neubert	nneubert@dresden-is.de	1	We will share books that we are reading. In our book club, we will also have some time to have some quiet reading time as well as respond to the book through creative activities.
Story Explorers (max 10 students)	K5 - Grade 2						15:30-16:15	PYP library	Jessie Blake	jblake@dresden-is.de	1	In the Story Explorers book club, students will read stories that spark imagination and curiosity! After every book, we will bring the story to life with creative activities or hands-on crafts.
Create & Innovate												
Bauen und Konstruieren (max 12 students)	K5 - Grade 1						15:30 - 16:15	B 1.4	Ramona Bretschneider	rbretschneider@dresden-is.de	1	Wir werden mit Kapla- bzw Legosteinen oder auch mit Papier und vielen anderen Sachen Gegenstände (nach)bauen. Natürlich ist auch Platz für eigene Ideen und freies/selbstständiges Konstruieren.
Learn & Lead												
Maths Games and Activities (max 12 students)	Grade 1						15:30 - 16:15	B 1.9	Julie Hyslop	jhyslop@dresden-is.de	1	We will practice maths concepts taught in class through games and activities.
Chess Club	Grade 3-10						15:30-16:15	A 1.3	Rajesh Rathod	rathod@dresden-is.de	1	Students will learn and develop techniques to play chess.
Our Values in Action												
Sketch & Journaling Club (max 10 students)	Grade 4-5						15:30-16:15	B 2.5	Carina Hajek, Susanna Edmonds	chajek@dresden-is.de, sedmonds@dresden-is.de	1	Welcome to the Sketch & Journaling Club. Get ready to unleash your creativity and imagination! Whether you're jotting down your thoughts, doodling your dreams, or creating colorful characters, this club is all about expressing YOU. Join us for peaceful sessions where you can journal your wildest ideas and sketch your coolest creations—no rules, just creativity and fun!