

# DIS Secondary Co-Curricular Activities

| MYP/DP Co-Curricular Clubs Term 1                  | Mon | Tue | Wed | Thu | Fri | Sat | Time                                    | Room/Location Preference                            | Semester | Supervisor                       |                                                      | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------------------------------------|-----|-----|-----|-----|-----|-----|-----------------------------------------|-----------------------------------------------------|----------|----------------------------------|------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SPORTS, MOVEMENT & WELLBEING                       |     |     |     |     |     |     |                                         |                                                     |          |                                  |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Badminton                                          |     |     |     |     |     |     | 16:30 18:00                             | Sports hall                                         | 1&2      | Frank Dünnebier                  | tharry@dresden-is.de                                 | Develop skills and techniques of beginners and advanced players in secondary. GISST tournaments and friendlies are arranged for this sport.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Table Tennis Club                                  |     |     |     |     |     |     | TBC                                     | Sports hall                                         | 1        | Teodora Atanasova                | tatanasova@dresden-is.de                             | Develop skills and techniques of beginners and advanced players in secondary. GISST tournaments are arranged for this sport. This sport will run between part of semester one and part of semester two.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| GISST Dragons Runners                              |     |     |     |     |     |     | 15:45-16:30                             | Outdoors                                            | 1        | Angela Runte- Bootland           | arunte@dresden-is.de                                 | Get ready to run, train, and represent the Dragons! Our runners will build their fitness, endurance, and teamwork as we prepare for the GISST Tournament in October. Train hard. Run together. Represent the Dragons                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Varsity Volleyball                                 |     |     |     |     |     |     | 16:15-17:45 (Mo.) /16:00-17:30 (Thurs.) | Sports hall                                         | 1&2      | Tesha Harry/ Ines McKay          | (tharry@dresden-is.de/imckay@dresden-is.de)          | Grade 9-12 volleyball players will continue here to advance their basic volleyball skills and roles GISST tournaments and friendlies are arranged for this sport                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Swimming (Fee: 49 Euros monthly)                   |     |     |     |     |     |     | 7:00 - 8:00 (two groups)                | Swimming Pool Freiburger Str.                       | 1&2      | Katharina Schwanitz              | katharina.schwanitz@gmx.de                           | The Swimming Club is organized by the DIS Fundraising Association (Förderverein). Registration is separate. Two Groups, one on Tuesday and one Thursday Morning. Fee. Registration needs to be through Ms. Katharina Schwanitz                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Golf (Fee) (6-12)                                  |     |     |     |     |     |     | 13:00-15:00                             | Golfclub Herzogswalde in Wildsdruff OT Herzogswalde | 1&2      | Katharina Schwanitz              | katharina.schwanitz@gmx.de                           | Beginners to advanced players are welcome to the golf club. There is a fee for this activity. For Students Grade 3-12. Club is organized by the DIS Fundraising Association (Förderverein). Registration needs to be through Ms. Katharina Schwanitz                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Running Club                                       |     |     |     |     |     |     | 15:45- 16: 30                           | Outdoors                                            | 1        | Rachel Cozmatchi & Stuart Kemp   | skemp@dresden-is.de                                  | Promoting fitness, preparing for competitions and charity runs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| CREATIVE & INNOVATIVE                              |     |     |     |     |     |     |                                         |                                                     |          |                                  |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Yearbook Committee                                 |     |     |     |     |     |     | Lunchtime                               | B 3.4 Community room working lunches                | r        | Marysol Melgarejo Falk Krentzlin | mmelgarejo@dresden-is.de<br>fkrentzlin@dresden-is.de | The Yearbook committee offers students the opportunity to become the architects of their school's cherished memories. Through a blend of photography, design, and storytelling, club members collaboratively craft the annual yearbook, encapsulating an entire academic year's worth of experiences and achievements. Participants will develop valuable skills in layout design, photography, copywriting, and project management while fostering a strong sense of community and teamwork.                                                                                                                                                                                                                                                                                     |
| Crochet and Beading Club                           |     |     |     |     |     |     | 15:45- 16: 30                           | A 2.5                                               | 1        | Ritu Rathod                      | rirathod@dresden-is.de                               | For crafters of all skill levels to learn and share skills in creating wearable art and decorative items, offering a relaxing, creative outlet through combining yarn and beads with a crochet hook to make jewelry, accessories, and more.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Makers Club                                        |     |     |     |     |     |     | 15:45- 16: 30                           | A 0.8                                               | 1        | Vinu Cyrus                       | tharry@dresden-is.de                                 | Makers club is a popular after school activity where students are taught how to put basic electronic components to form various circuits. Interested students will also get a chance to learn how to repair various electro-mechanical devices.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| DIS weather station project (Grade 8-12)           |     |     |     |     |     |     | 15:45- 16: 30                           | A 2.7                                               | 1&2      | Carolyn Brodengeier              | cbrodengeier@dresden-is.de                           | DIS will get it's own weather station, so we are looking for a keen group of people who will install the station, build a wooden hut (Stevenson Screen) for it and learn how the instruments work and how to read and analyse the data. In the second phase we will connect our data to the school screens and get in touch with all our students and teach them how they can access and use the data from our own weather station, giving back to the whole school community. We will do some fundraising to get the materials for our hut                                                                                                                                                                                                                                       |
| Social Squad (or Content Creators Club) Grade 8-12 |     |     |     |     |     |     | Lunchtime                               | TBC                                                 | 1&2      | Konstanze Kirsch                 | kkirsch@dresden-is.de                                | Do you enjoy creating content, taking photos, making videos, or coming up with creative ideas? Join our Social Media Club and help tell our school's story! Working together, we'll plan a social media schedule for student-created posts and brainstorm engaging content. Based on this, you create student-led posts for the school's social media accounts. You'll learn how social media works behind the scenes, develop creative and digital communication skills, and receive guidance and support throughout the process. Whether you're interested in photography, videography, design, writing, or simply sharing great ideas, this club is a fun opportunity to be creative, collaborate with others, and make a real impact on how our school is represented online. |
| Rubik's Cube Challenge (Student Led)               |     |     |     |     |     |     | 15:45-16:30                             |                                                     |          | Rajesh Rathod                    | rrathod@dresden-is.de                                | Learn the secrets behind solving the Rubik's Cube! Students will explore different algorithms and strategies to solve the cube, progressing through different levels of difficulty. Develop your problem-solving, memory, concentration, and logical-thinking skills while challenging yourself to solve faster and more efficiently!                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| ARTS & PERFORMANCE                                 |     |     |     |     |     |     |                                         |                                                     |          |                                  |                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Dancing Club (Student Lead)                        |     |     |     |     |     |     | TBC                                     | A2.9                                                | 1&2      | Alexia Uhia                      | auhia@dresden-is.de                                  | The aim of the club is to facilitate a supervised time and space where they can pursue their passion (a bit like the music room...but a dancing version of it:)). This club will be student-led.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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|------------------------------------------------------------|-----|-----|-----|-----|-----|-----|----------------------------------------------|--------------------------|----------|---------------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>DIS Orchestra</b>                                       |     |     |     |     |     |     | 7:15-8:15                                    | B0.24                    | 1&2      | Isabella Thomson                      | ithomson@dresden-is.de                             | Thursday before or after school, depending on the preference of the majority. Students that play an orchestral instrument (violin, cello, double bass, clarinet, flute, saxophone, trumpet, trombone, french horn, etc) are invited to join our school orchestra. There is also space for ONE drummer, and any e-bass/e-guitar musicians who are open to playing a variety of music styles. Will learn and perform a range of music (popular and classical) as well as go on music trips to collaborate with other schools.                                                                                                                                                                                                                                                                                                   |
| <b>Music Club</b>                                          |     |     |     |     |     |     | Tue & Thur lunch breaks & Thurs after school | Basement music room      | 1&2      | David Prochaska                       | dprochaska@dresden-is.de,                          | The goal of the Music Club is to organize two school bands. One will be a pop music band and the other a metal band. Students can sign up and be placed according to interest and ability. Practice times will be Tuesday or Thursday during lunch or Thursday after school, depending on band member availability. Students should be at a beginner level ability at least.                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Showdance/ Cheerleading (Grade 3-8)</b>                 |     |     |     |     |     |     | 7:30-8:15                                    | Secondary PA Room        | 1&2      | Mandy Hennig                          | mhennig@dresden-is.de                              | Join us for an exciting opportunity to express yourself through dance and cheerleading! Our goal is to prepare and perform dances that can make a positive impact in our community. Here's what you can look forward to:<br>Performances: We'll showcase our talent at various events, including school assemblies, elderly homes, public schools, and even at the Dresden Striezelmarkt.<br>Cheerleading: We'll create spirited cheerleading routines to support our DIS Dragons at GISST events, school tournaments, and other school gatherings.<br>Community Engagement: By participating, you'll help build and spread school spirit, making a difference in the lives of those around us.<br>If you're excited about dancing and cheerleading, sign up to be part of our crew. Let's create something amazing together! |
| <b>Student Led Art Club (Student Led)</b>                  |     |     |     |     |     |     | 15:45-16:30                                  | B3.3                     | 1        | Rafif Aljafari                        | raljafari@dresden-is.de                            | Students will complete Art projects and Crafts they have been working on or join the club to learn art and crafts from their peers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Find Your Voice</b>                                     |     |     |     |     |     |     | 15:30-16:15                                  |                          | 1        | Andrew Bullough                       | abullough@dresden-is.de                            | Do you love to sing and want to learn about singing technique? We will learn a few tips using an online tutor and then put it into Karaoke practice!!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Origami Club</b>                                        |     |     |     |     |     |     | 15:30-16:30                                  | TBC                      | 1        | Michiko Tanaka                        | mtanaka@dresden-is.de                              | Students will learn how to create fun and beautiful paper crafts using the traditional Japanese art of origami. Students will also learn basic Japanese vocabulary and phrases connected to the activities and Japanese culture.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>BREATHE &amp; BLOOM club</b>                            |     |     |     |     |     |     |                                              | TBC                      |          | Nadezhda Evtushenko/ Christin Schulze | cschulze@dresden-is.de                             | Slow down. Get creative. Paint something beautiful. Need a break from school and busy schedules? Join Breathe & Bloom to:<br>Learn to paint beautiful wildflowers with watercolor /Relax and unwind while creating/ Discover your own artistic style /Explore the beauty of nature through art /Build confidence—even if you've never painted before /Create artwork you'll be proud to share or take home. You don't need any art or watercolor experience - just curiosity, an open mind, and a little time to slow down.                                                                                                                                                                                                                                                                                                   |
| <b>LEARN &amp; LEAD</b>                                    |     |     |     |     |     |     |                                              |                          |          |                                       |                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>PEL at the European Parliament – Strasbourg, France</b> |     |     |     |     |     |     | Contact Ms. Marin-Drews                      | A1.8                     | 1        | Flavia Marin-Drews                    | fmarin-drews@dresden-is.de                         | The program gives students the opportunity to explore European democracy through debates, committee work, and parliamentary simulations. It ends in a trip to Strasbourg, France, where students take on the roles of Members of the European Parliament.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Model United Nations (Grades 8-12)</b>                  |     |     |     |     |     |     | 15:45-16:45                                  | A1.11                    | 1&2      | Stuart Kemp & Wendy Bassam-Coles      | skemp@dresden-is.de<br>wbassam-coles@dresden-is.de | In Model United Nations, students take on the role of representing a particular country and research and debate global issues. This can lead to attending conferences in other international schools and DIS also hosts its own mini-conference at our school.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Student Voice Coalition</b>                             |     |     |     |     |     |     | 13:00-13:45 Lunch Times                      | A.25                     | 1&2      | Elke Greite                           | egreite@@dresden-is.de                             | Student Voice is open to all secondary students. Join one or more student-led projects, collaborate with others, and help make a positive difference in our school community.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Sustainable Club</b>                                    |     |     |     |     |     |     |                                              | B 3. 7                   | 1 & 2    | Lee Barlow                            | lbarlow@@dresden-is.de                             | Students will raise awareness of environmental concerns facing the planet. They will help to educate how to live sustainable. Member of the club will also help to audit the school in terms of where the school stands with regards to being sustainable. Once this has been completed, an action plan can be created to improve the school sustainable. Members will also help draft a policy on sustainability at DIS. Lastly, students will also help to achieve additional recognition with regards to the Eco Schools initiative. The school already has a green flag would like to go for a higher rating.                                                                                                                                                                                                             |

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| Engineering the Future                                                |     |     |     |     |     |     | TBC         | TBC                      |          | 1 Keith McCanna    | kmccanna@dresden-is.de    | Students will learn about interesting topics related to engineering from a Sessions Led by an Ex-Pro Engineer<br>For 8th-12th graders (can make some exceptions)<br>Location: outside of school (Am See - Dresden) (exact location will be shared)<br>First Session: 17 September, Thursday (changeable every month)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Makers Club                                                           |     |     |     |     |     |     | 15:45-16:45 | Design Lab               |          | 1 Vinu Cyrus       | vcyrus@@dresden-is.de     | Students will get an opportunity to learn:<br>Soldering<br>Making Electronic circuits<br>Identifying basic circuit components<br>Repairing simple devices/gadgets Makers club is open for students from Grades 6 -10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Finance Club                                                          |     |     |     |     |     |     | TBC         | TBC                      |          | 1 Tesha Harry      | tharry@dresden-is.de      | The club exploring finance, investing, economics, and financial markets through discussions, case studies, and practical activities. Members will build financial literacy and develop critical thinking through real-world examples. This is an opportunity for DP students completing CAS may also use their participation in the Finance Club towards their Creativity requirement.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| LANGUAGE & CULTURE                                                    |     |     |     |     |     |     |             |                          |          |                    |                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Chinese calligraphy and ink wash painting (Student Led)               |     |     |     |     |     |     | 15:35-16:30 | B2.6                     |          | 1 Ai-Wen (Ivy Lin) | alin@dresden-is.de        | Explore traditional Chinese art through calligraphy and ink wash painting! In this student-led club, Secondary students will guide and support Primary students as they learn how to use Chinese brushes, ink, and traditional techniques. Each week, students will create their own artwork while exploring Chinese characters, nature, animals, and cultural themes. No previous experience is needed — just come ready to create and have fun!                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Library Legends                                                       |     |     |     |     |     |     | 15:45-16:45 | Secondary Library        |          | 1 Angela Boreham   | aboreham@dresden-is.de    | Library Legends is an activity for students who love reading and who want to be more actively involved in the library. Library Legends will assist the librarian in the selection of books to add to the library; read and review new books that come in; prepare displays for the library; and suggest (and organise) library activities and/or events. If you love books and want to help make the library an even better space, this is the club for you!                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Spanish language exchange (pen pal for students at the Capable level) |     |     |     |     |     |     | 15:45-16:45 | A2.6                     | 1&2      | Elena Pomares Ros  | epomaresros@dresden-is.de | The "Let's Be Pen Pals" club offers DIS students at the Capable Level (Phases 3 and 4) the opportunity to connect with students from a partner school in Spain and engage in meaningful intercultural exchanges. Throughout the club, students will communicate and collaborate in a variety of formats, including letters, emails, videos, quizzes, and videoconferences, exploring a range of engaging topics. These activities will provide students with an authentic context in which to practise their language skills, exchange ideas, and develop their understanding of Spanish culture and everyday life. The club aims to broaden students' cultural awareness, encourage communication and collaboration, and create opportunities to build lasting connections with peers in Spain. It is an enriching experience that combines language learning, cultural exchange, and international friendship. |